Participatory, Learning and Action
Ekjut and NHM, Madhya Pradesh
PLA with NHM MP- Program Coverage

Present Program Coverage

<table>
<thead>
<tr>
<th>Districts</th>
<th>Blocks</th>
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<td>15</td>
<td>37</td>
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- 15 Districts where Program is implementing
- 02 Districts which are approved but Program has not started yet.
Phase - 1

- Introduction to the project
- Understanding social inequity, exclusion and discrimination in the society
- Identifying & prioritizing problems leading to maternal health
- Identifying & prioritizing problems leading to child health

Phase - 2

- Understanding causes and solutions for the prioritized problems (household level, community level and facility level)
- Discuss & prioritize possible strategies for addressing maternal and child health
- Assigning responsibilities, decide on the indicators as well as methods for measuring the progress and plan for community meeting

Phase - 3 & 4

- Community interface meeting
- Care during pregnancy
- Planning for safe birth/ birth preparedness
- Recognition of complications during pregnancy and postpartum and appropriate referrals
- Reducing the first 3 delays for preventing maternal deaths
- Importance of Post natal care for mothers and new born
- Discussing essential newborn care & hygienic home care practices & IBF&EBF (0-6 months) and reviewing implemented strategies
- Discussing the management of low birth weight babies (born premature or twins or small for date)
- Identification and Classification of neonatal Infections
- Importance of timely introduction of complementary feeding
- Management of childhood illnesses – Diarrhea, pneumonia + care during illness
- Contraception - Benefits & side effects of various methods + availability of different types of contraceptive methods through government schemes and programmes
- Access to safe abortion
- Phase wise evaluation of WG activities - Methods, Strategies
- Dissemination meeting

Key Issues Covered

- Community interface meeting
- Care during pregnancy
- Planning for safe birth/ birth preparedness
- Recognition of complications during pregnancy and postpartum and appropriate referrals
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The capacity building cascade

EJKUT capacitates and handholds MTs

Master Trainer capacitate ASHA Sahayogi and Sehat Sakhi

ASHA Sahayogi and Sehat Sakhi along with ASHA work as the cutting edge process facilitators and community trainers
Expected Outcomes

- Demand for services will increase
- Service uptake will increase
- Acceptance of ASHA in the vulnerable community will increase
- Health and Nutrition status of women and children will increase
- Women will change their health and nutrition related practices
- Heath and Nutrition level of family will increase
THANKS